

Sarah Bellefontaine



Education:

- Bachelor of Arts in Psychology University of Massachusetts, Lowell, MA (May 2009)
- Graduated Magna Cum Laude with a GPA of 3.7 on a 4.0 scale
- 120 hour TEFL i-to-i certified
- Member of Psi Chi Psychology Honors Society
- Study Abroad in Thailand at Mahidol International College (January 2008-May 2008)
- Undergraduate Publication: Co-Author in The Journal of Aggression, Maltreatment & Trauma.

Work Experience:

- English Lecturer, College of Applied Sciences, Nizwa, Oman: Taught various levels of classes including academic writing and beginner foundation English. Prepared students to write an APA research paper and presentation. Invigilated exams and attended professional development sessions. (September 2013-January 2016)
- English Teacher, Princess Nora Bint Abdulrahman University, Riyadh, Saudi Arabia: Evaluated students' work, mentored and advised students, undertook professional activities, coordinated student activities, prepared lessons, marked homework and class work. Assessed and reported students' performance and proctored final exams. Attended staff meetings and professional development workshops arranged by senior staff. Utilized Microsoft Excel. (November 2012- June 2013)
- Mental Health Counselor, Walden Behavioral Care, Waltham, Massachusetts: Counseled adult and adolescent patients recovering from Eating Disorders. Monitored their food preparation and food consumption. Facilitated group therapy sessions. (February 2012-November 2012)
- Behavioral Health Technician, Peoples Health Care Connection (PHCC) Tucson, Arizona: Developed curriculum and facilitated life skills program with clients of the Pascua Yaqui Tribe. Implemented clients' service plans, counseled clients on life skills, worked with clients individually and in groups. Worked one-to-one with individuals to adhere to their specific service plan and needs. (January 2011-July 2011)

- English Instructor Surindra Rajabhat University, Surin, Thailand: Created the curriculum, lesson planned, and instructed the following courses: English for Communication, Creative Writing, and Listening and Speaking 2 and 3. Collaborated with faculty and attended faculty meetings. Completed a one year contract. (June 2009- June 2010)
- Study Abroad Office Assistant UMass Lowell: Assisted students with planning their international study experience. Developed and implemented informational sessions for students interested in study abroad. (September 2008- Dec 2008)
- Receptionist and Personal Trainer, Metro Fitness, Wilmington, MA : Front desk sales, answered phones, greeted customers, open and closed facility, showed clients around the gym, designed workout regimens and assisted clients with exercise equipment. (June 2003- January 2008)

Additional Experience:

- Undergraduate Publication, Co-Author: Ho, I. K., Dinh, K. T., Bellefontaine, S., & Irving, A. L. (in press). Sexual harassment and posttraumatic stress symptoms among Asian and White women. *Journal of Aggression, Maltreatment & Trauma*. (Conducted study, gathered and surveyed participants. Collected and analyzed data.)
- Admissions Interviewer, Surindra Rajabhat University: Interviewed and evaluated prospective students for the entrance exam into the Foreign Languages Department. (November 2009)
- Taught English for Tourism to Thai Police in Surin, Thailand (Sept 2009)
- Treasurer of the Psychology Club UMass Lowell: Managed budget for events (September 2006- January 2007)
- Vice President of the Psychology Club UMass Lowell: Planned and organized fundraising events; recruited student members, raised money for backpack drive, and created over 50 backpacks for underprivileged children. (September 2007-January 2007)